

**SIMON FRASER UNIVERSITY**

**EDUCATION 459-4**

**INSTRUCTIONAL ACTIVITIES IN ELEMENTARY SCHOOL PHYSICAL EDUCATION**

Summer Intersession, 1989  
(May 8 – June 16)  
Mondays/Wednesdays  
8:30 a.m. – 12:20 p.m.  
Location: MPX 7540 (Gym)

Instructor: Dr. Stephen Smith  
Office: MPX 8638  
Phone: 291-4483

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**PREREQUISITE:** Educ. 401/402 or equivalent. P.E. minors only.

**OVERVIEW OF THE COURSE:**

This course along with Educ. 479 is designed to assist teachers in planning and implementing physical education programs for the elementary grades in British Columbia schools. Educ. 459 will involve a practical consideration of instructional strategies and curriculum planning in elementary physical education, particularly as it applies to the games, dance and gymnastics components of the curriculum.

The curricular organizing principles are:

1. To provide teachers with an understanding of different approaches to curriculum development, instructional strategies, and pupil assessment in physical education.
2. To examine various practical applications of the theoretical perspectives listed above, especially as they apply to games, gymnastics and dance.
3. To increase personal competence in physical education activities.

**CURRICULAR CONTENT:**

Topics such as pupil assessment, intramurals, lesson and unit planning, active health and daily physical education will complement the major curricular themes of games, gymnastics and dance.

**ASSIGNMENTS:**

1. Program overview of a proposed elementary intramural program (20%).
2. Development of a compendium of pupil assessment strategies that includes a theoretical rationale and identification of strengths and limitations for each assessment strategy (20%).
3. An eight lesson teaching unit based upon a theme, concept or notion of movement experience as it pertains to the areas of games, gymnastics or dance (30%).
4. Two twenty minute lessons to be taught, one each from the areas of games, gymnastics and dance not used in the unit plan (20%).
5. Class participation (10%).

**REQUIRED TEXT:**

Kirchner, G. (1988). Physical Education for Elementary School Children (7th edition). William C. Brown and Co.: Dubuque, Iowa.